



DENTAL DAMS



Works by creating a barrier between the mouth or tongue and the vaginal or anal area during oral sex (“rimming” or “going down on” or “eating out”.)

When performing oral sex on a penis, use condoms and not dental dams.



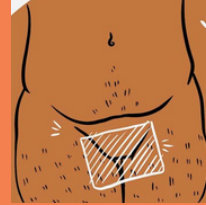
Check the expiration date, and make sure there are no tears/holes



Open the package with clean hands



Apply a small amount of water-based lubricant to the vulva/anus before placing the dental dam. Don't use oil-based products, as they can cause the dental dam to break



Place the dental dam flat over the entire vaginal or anal area and hold it in place while performing oral sex

How To Use a Dental Dam

Only use one side of the dam – never flip it over!

